



# Video Group Clinics: a virtual way to create time to care



## HOW VGCs WILL HELP YOU IMPROVE CARE

- Kick-start and maintain routine care
- Support high risk groups to self manage and make lifestyle change e.g. people with Type 2 Diabetes
- Overcome loneliness and anxiety; build community and resilience by connecting your patients
- Make better use of clinician time
- Support retention and flexible working from home
- Future-proof your practice

NHS England and Improvement is supporting the spread of video group clinics (VGCs) in primary care. VGCs enable clinicians to undertake clinical reviews in a supportive, virtual setting. As well as increasing clinician efficiency, VGCs will help overcome the damaging loneliness amongst people with chronic health issues who are shielding or self-isolating is creating. Free training is coming soon.

Register your practice's interest now (see box below)

### TIMELINE:

VGC National training will be running from Summer 2020

**Get your team  
up and  
running**

**Audit your  
readiness  
to run video group  
clinics**

**Get support to set up  
your tech and think through  
VGC logistics, scheduling and  
workforce development**

**Learn how to manage risk, consent  
patients and preserve confidentiality**

**Get VGC skills training and a toolkit,  
including guidance on key aspects of  
information governance and best practice**

To express interest in National training,  
please go to:  
[www.events.england.nhs.uk](http://www.events.england.nhs.uk)

Search "VGC National"  
Register your practice and state your CCG

We will contact you so you can book onto  
training on a convenient date ASAP

