

# Working at scale: where are we now?

Dr Robert Varnam

Director of General Practice Development

@robertvarnam













↑ population

↓ relative funding

- ↑ consultations

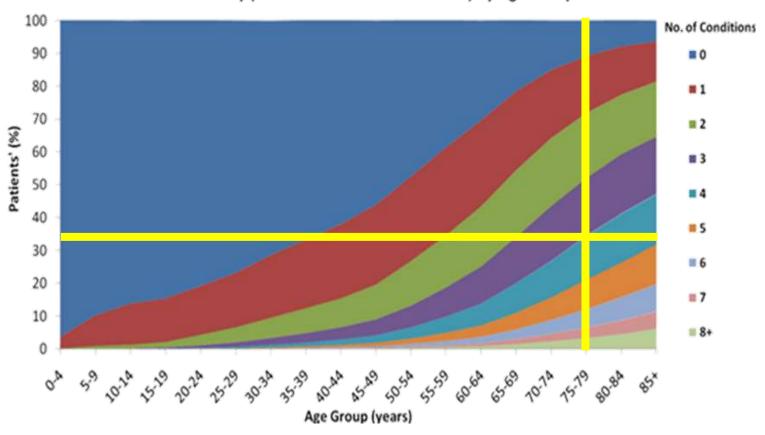
**↑** complexity

↑ costs





#### Morbidity (number of chronic conditions) by Age Group



Based on: The Lancet doi: 10.1016/S0140-6736(12)60240-2

### STRENGTHS OF PRIMARY CARE



Personal and population-orientated primary care is central ...
if general practice fails, the whole NHS fails. Simon Stevens, General Practice Forward View



**Holistic** Dealing with the patient as a person not a disease or part of the body



**Accessible** Personal care built on a relationship from cradle to grave



**Comprehensive** Handling wide range of problems, managing clinical uncertainty



**Community focussed** Responsible for a registered population, improving wellbeing



**Central** Coordinating and connecting other teams, referring where appropriate

"Primary" ...

first, foremost, central, key

### STRENGTHS OF PRIMARY CARE



Primary care doesn't need reinventing, but liberating to deliver its potential



**Holistic** 



Accessible



Comprehensive



**Community focussed** 



#### **Current constraints:**

Demand >> workforce + funding

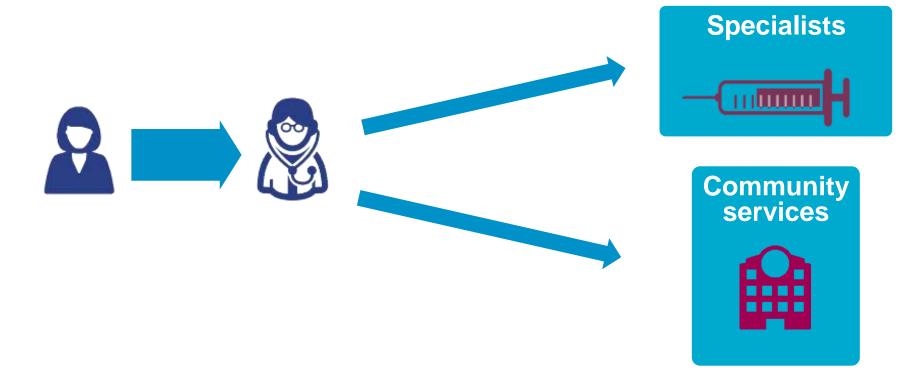
Practices are set up to provide mostly medical care

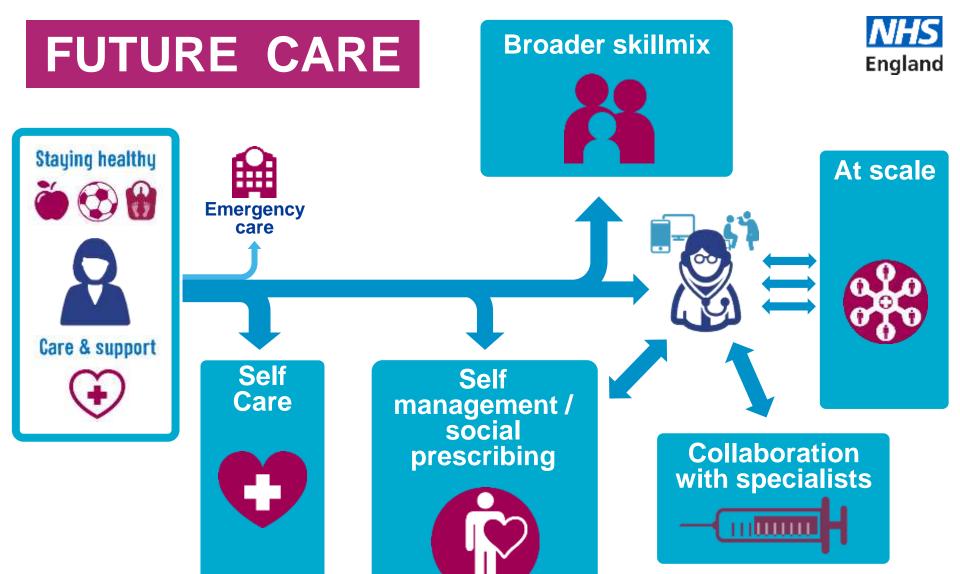
Hard to **coordinate** other inputs and 'pull in' specialist support

Too **small** and **isolated** to have significant impact on population or system

## 1948 CARE













## Working at scale: Opportunities for practices





## Resilience



## **Economies of scale**



System partnerships



**Skillmix** 



**Innovation and improvement** 



Staff development



## What size should we be?



20 100

- Personal focus
- Clarity
- ✓ Commitment
- Agility

- Population focus
- ✓ Alignment
- Priorities
- ✓ Partnerships



Don't accept either / or solutions



## The right thing at the right scale





Workforce & infrastructure planning Large scale service reconfiguration Major partnerships & shifts in priority

#### **Network: 100-900k**

Finance, HR, governance, IT **Employment & career development** Specialist staff & services Strategic partnerships Population: wider determinants

#### Hub/home: 30-60k

Place of 'belonging' Acute care

**Shared MDT** 

Population: proactive & preventive care

#### Microteam: 3-4k

Continuity for complex needs























Innovations from around England that release time for GPs to do more of what only they can do.























Innovations from practices throughout around England that release time and improve care.









3: REDUCE DNAs





## bit.ly/gpcapacityforum

DEVELOP THE TEAM

5: Constitute Work Flows

6: PERSONAL PRODUCTIVITY

7:
PARTNERSHIP WORKING

8: SOCIAL PRESCRIBING

9: SUPPORT SELF CARE

Innovations from practices throughout around England that release time and improve care.























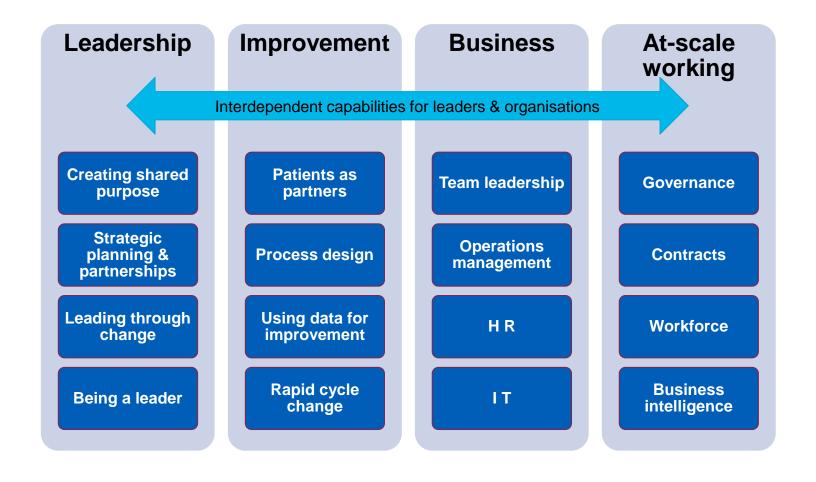
Innovations from around England that release time for GPs to do more of what only they can do.





## Capabilities for the future



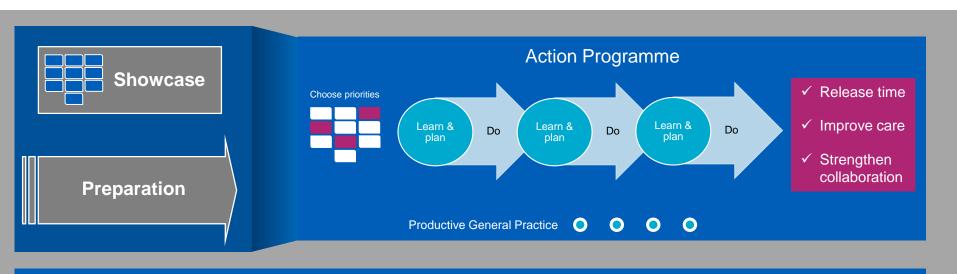




## Your **Time for Care** programme



#### **Development Advisor Support**



#### **General Practice Improvement Leaders Programme**

Funding for reception & clerical staff training

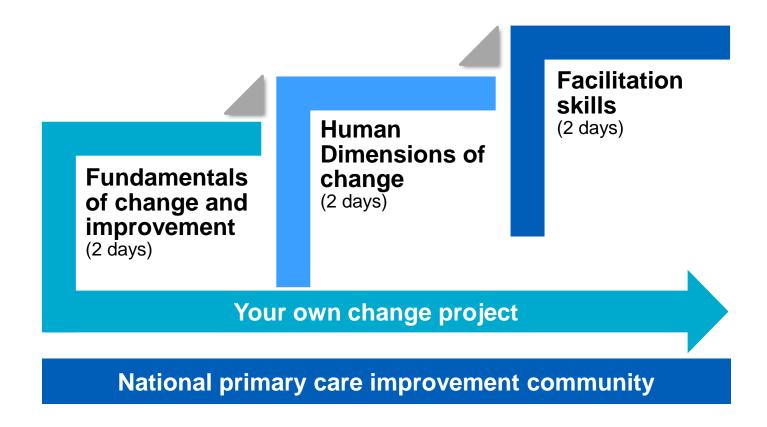
Funding for online consultations

CCG investment & support

## General Practice Improvement Leaders programme



✓ Build capabilities and confidence to support colleagues in implementing change in practices











1 Purpose

What do we want to achieve?
What's the best scale for each aspect of that?

2 Action

Design the new thing.

Start implementing it. Learn & refine.

3 Capability

What skills, systems, processes will support and sustain this?

4 Form

What organisational form(s) will support this? How do we want them to work?

www.england.nhs.uk/gpdp england.gpdevelopment@nhs.net