

# Health or adult social care?

## Where to refer guidance for GPs

### Social care

#### Social Care Needs Assessment:

Any adult who appears to have care and support needs – this could be someone with a physical disability, sensory impairment, mental health issues etc. – is entitled to an assessment where the following domains will be explored:

- managing and maintaining nutrition
- maintaining personal care
- managing toilet needs
- being appropriately clothed
- being able to make use of the adult's home safely
- maintaining a habitable home environment
- developing and maintaining family and personal relationships
- accessing work, training, education or volunteering
- making use of necessary facilities or services in the local community, such as public transport, recreational facilities and services
- carrying out any caring responsibilities the adult has for a child.

Following the assessment, the national eligibility criteria will be applied to determine whether the person has any eligible needs.

#### Occupational therapy, including:

- Housing Needs Assessments related to physical disability only
- major adaptations (Disabled Facilities Grants) and council property adaptations
- bed assessments to support carers or person with independence
- stair assessment (not stair practice or exercise related) but to provide adaptations.
- chair assessments – for functional independence or postural care
- moving and handling assessments – not related to rapid deterioration due to ill health
- bathing and shower assessments - without specific health need
- aids and adaptations including galvanised rails
- access into and out of their properties.
- **Enablement.**
- **Short-term support to regain independence (must be medically stable).**
- **Self-neglect.**
- **Sensory support.**
- **Carers assessment.**

### Healthcare

**Community nursing care** – a housebound service – includes but is not exclusive to:

- **end of life care**, including advanced care planning, care provision and symptom management
- **wound care** and management, including vac therapy and leg ulcer management
- **post-op care of wounds and drains**
- **diabetes management** and administration of insulin for patients who are unable to self-manage
- **bladder and bowel care**, including catheter management
- administration of **injectable medicines** where self-management is not possible, including Clexane, B12, GSF and hormones such as Zoladex
- **long-term conditions** support, health education and promotion
- **phlebotomy.**

#### Occupational therapy, including:

- continuing healthcare funded patients for all equipment (except ceiling track hoists)
- grab rails for assisting transfers
- bed assessments linked to pressure relief and managing health conditions
- walking aids assessments
- slings assessments (unless previously provided by KCC)
- rehabilitation.
- **Acute health episode requiring community rehabilitation.**
- **Hospital discharge support.**
- **Physiotherapy.**
- **Short-term rehabilitation to prevent hospitalisation.**
- **Management of falls.**

### How to refer

Kent County Council  
Area Referral Management Service

[www.kent.gov.uk/adultreferral](http://www.kent.gov.uk/adultreferral)

### How to refer

Kent Community Health  
NHS Foundation Trust  
Local Referral Unit

[kentchft.ekreferralunit@nhs.net](mailto:kentchft.ekreferralunit@nhs.net)