**KMPT Community Mental Health Teams (CMHTs**)  **- for adults aged 18-65**

For Primary Care colleagues who need advice and guidance regarding their patients’ mental health related medication, please find a list of useful email addresses and contact numbers below.

If your call is unanswered:

* Please state details of your enquiry
* Provide a mobile contact number
* Confirm the best time for a member of the CMHT to call you back
* Your message will be dealt with and **you should expect a call back on the same day**.

Emails are monitored throughout the working day and responses will be sent out within 24 hours.

**KMPT Community Mental Health Teams supporting younger adults - aged 18-65**

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| **CMHT Location** | **CMHT Contact details** | **Time available**  **(Monday – Friday)** |
| Ashford | 07798 680210  [KAMNASCPT.adminas@nhs.net](mailto:KAMNASCPT.adminas@nhs.net) | 12pm – 2pm |
| Canterbury | 07798 680210  [Kmpt.admin.canterbury@nhs.net](mailto:Kmpt.admin.canterbury@nhs.net) | 12pm – 2pm |
| Dartford Gravesend & Swanley | 01322 622230  [KAMNASCPT.dgscmht@nhs.net](mailto:KAMNASCPT.dgscmht@nhs.net) | 12pm – 2pm |
| Maidstone | 07825 424657  [KAMNASCPT.maidstonecmht@nhs.net](mailto:KAMNASCPT.maidstonecmht@nhs.net) | 1pm – 2pm |
| Medway | 0300 303 3189  [kmpt.crsladmin.mit@nhs.net](mailto:kmpt.crsladmin.mit@nhs.net) | Part of the Consultant Connect network. GPs have a contact number for the consultant who is oncall |
| South Kent Coast (Dover, Deal & Shepway) | Mondays & Tuesday 01303 227513 \*  [kmpt.shepwaycmhtadmin@nhs.net](mailto:kmpt.shepwaycmhtadmin@nhs.net)  Wednesday, Thursday & Friday 01304 216683\*\*  [kmpt.dovercmhtadmin@nhs.net](mailto:kmpt.dovercmhtadmin@nhs.net) | \*2.30pm – 3.30pm  \*\* 2pm – 3pm |
| South West Kent | 07464 907407  [kmpt.swkadminteam@nhs.net](mailto:kmpt.swkadminteam@nhs.net) | 12pm – 2pm |
| Swale | 01795 418359  [KAMNASCPT.swalecmht@nhs.net](mailto:KAMNASCPT.swalecmht@nhs.net) | Phone line and email staffed by admin team Monday - Friday 9am-5pm; message taken and the psychiatrist will call the GP back same day |
| Thanet | 07798 607635  [kmpt.thanetcmht.gpmedicationadvice@nhs.net](mailto:kmpt.thanetcmht.gpmedicationadvice@nhs.net) | Phone line and email staffed by admin team Monday - Friday 9am-5pm; message taken and the psychiatrist will call the GP back same day |

Kindly Note:

KMPT has Community Mental Health Teams (CMHTs) located across Kent and Medway. The teams offer support and treatment in the community to adults between the ages of 18-65 who are experiencing a mental illness. The CMHTs provide an assessment of an individual’s current needs and provide treatment for service users with moderate to severe mental health needs. This includes a comprehensive assessment of mental health needs and, where required, CMHTs will work alongside social care colleagues in Kent County Council and other external partners within the health care system. The teams include psychiatrists, community mental health nurses, occupational therapists, psychological services and support staff and also work in partnership with social care. Further information about the KMPT CMHTs can be found [here](https://www.kmpt.nhs.uk/information-and-advice/community-mental-health-services/community-mental-health-teams/)

**KMPT Community Mental Health Service for Older People (CMHSOP) – for adults aged 65+**

For Primary Care colleagues who need advice and guidance regarding their older patients’ mental health related medication, please find a list of useful email addresses and contact numbers below. The lines are open from Monday to Friday from 9am to 5pm and you will be directed to the best member of the team to assist with your query.

If your call is unanswered:

* Please state details of your enquiry
* Provide a mobile contact number
* Confirm the best time for a member of the CMHT to call you back
* Your message will be dealt with and **you should expect a call back within 72 hours**.

Emails are monitored throughout the working day and responses will be sent out within 24 hours.

**KMPT Community Mental Health Service for Older People (CMHSOP) – aged 65+**

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| **CMHSOP Location** | **CMHSOP Contact details** |
| Ashford | 01233 658125  [KAMNASCPT.ashfordOPMH@nhs.net](mailto:KAMNASCPT.ashfordOPMH@nhs.net) |
| Canterbury & Costal | 01227 812054  01227 812083  [kmpt.canterbury.olderpeople@nhs.net](mailto:kmpt.canterbury.olderpeople@nhs.net) |
| Dartford, Gravesend & Swanley | 01322 421289  01322 622208  [KAMNASCPT.dgscmhsopadmin@nhs.net](mailto:KAMNASCPT.dgscmhsopadmin@nhs.net) |
| Dover & Deal | 01304 213364  [kmpt.doveranddealcmhtop@nhs.net](mailto:kmpt.doveranddealcmhtop@nhs.net) |
| Maidstone | 01622 726899  [kmpt.maidstonecmhsopadmin@nhs.net](mailto:kmpt.maidstonecmhsopadmin@nhs.net) |
| Medway | 0300 303 3189  [KAMNASCPT.medwayCMHSOP@nhs.net](mailto:KAMNASCPT.medwayCMHSOP@nhs.net) |
| Shepway | 01303 228838  [kmpt.shepwaycmhsopadmin@nhs.net](mailto:kmpt.shepwaycmhsopadmin@nhs.net%20%20) |
| South West Kent | 01732 228242  01732 228270  [kmpt.southwestkentcmhsopadmin@nhs.net](mailto:kmpt.southwestkentcmhsopadmin@nhs.net) |
| Swale | 01795 438446  [KAMNASCPT.swalecmhsop@nhs.net](mailto:KAMNASCPT.swalecmhsop@nhs.net) |
| Thanet | 01843 267071  [KAMNASCPT.thanetcmhtop@nhs.net](mailto:KAMNASCPT.thanetcmhtop@nhs.net) |

KMPT operates a Community Mental Health Service both for older people with mental health needs, which are complicated by age related needs, and for people of all ages, who have needs related to dementia. The service provides support and advice to professionals, care homes and carers. Service users receive an initial assessment after which a plan will be made in collaboration with the individual concerned as to what the next steps might be. This may involve further appointments with health care professionals, invitations to specialist groups, therapy and neuropsychological assessments. The KMPT team includes consultant psychiatrists, community psychiatric nurses, occupational therapists, psychological services and support staff, Admiral nurses and administrative staff. Further information about the KMPT Community Mental Health Service for Older People can be found [here](https://www.kmpt.nhs.uk/information-and-advice/community-mental-health-services/community-mental-health-services-for-older-people/)