

19th February 2024

#### Dear Colleague

Welcome to this week's edition of the LMC Express. The local updates for this week include:

- NHS Resolution virtual forum on patient safety in primary care remote consultations: 27 March 2023 12.30-2pm
- Kent LMC Social Media Survey
- GP Appointments in Kent & Medway December 2023
- Reminder: Consultation on Incentives in General Practice
- REMINDER: Manage Your Mind Workshops Virtual Session: Tuesday 13th February 2024
- General Practice Alert State (GPAS) National Reporting Dashboard
- A message from the Cameron Fund Membership of the Council of Management Elections
- Useful Links
- Upcoming LMC Interface Meetings

# NHS Resolution virtual forum on patient safety in primary care remote consultations: 27 March 2023 12.30-2pm

NHS Resolution are hosting a free webinar to hear about the findings from the research paper published by BMJ Quality and Safety, analysing patient safety in remote primary care consultations. The research conducted by an Oxford University research team, utilised data from NHS bodies, including NHS Resolution, NHS England and the Health Safety Science Investigation Bureau (HSSIB), to triangulate patient outcomes and identify where many of the risks lie in the remote delivery of primary care services.

Attached is the flyer with details of the event and how to register. The link to register is also available here: NHS Resolution: Patient safety in remote consultations Tickets, Wed 27 Mar 2024 at 12:30 | Eventbrite

### Kent LMC Social Media Survey

We are reviewing our marketing and communications strategy to ensure the channels we use to communicate with our practices remain relevant. We would be grateful if you could spare 2 minutes to complete our Social Media Survey.

#### https://forms.office.com/e/v7nLJ9dnLb

Responses are anonymous and the results will be invaluable in helping inform our communications strategy and the use of social media platforms in the future.

#### Closing date for responses is Friday 23rd February 2024.

Thank you for your support.

## **GP** Appointments in Kent & Medway December 2023

The LMC has updated the 'GP Appointments in Kent & Medway ' poster to help practices evidence to patients the amount of work being carried out, and the pressures faced, by general practice, and the steps patients can take to help themselves manage their care. Practices may wish to display this in their waiting rooms or add to their websites and social media sites. The data is sourced from NHS digital. The next update will be published soon after the next release of GP appointments data.

### Reminder: Consultation on Incentives in General Practice

The Government is seeking views on the role of incentives in general practice and has published a new consultation. The consultation is open to all stakeholders, including healthcare professionals, patient groups and the wider public, to share their views and insights on the role of the incentives, including the Quality Outcomes Framework (QOF) and Investment and Impact Fund (IIF), in general practice.

This consultation is divided into 3 sections:

- feedback on the role and nature of any incentive scheme in general practice, with a focus on the current scope of the QOF and the IIF
- comments on possible changes in scope of incentive schemes beyond clinical indicators
- input on reducing the administrative burden associated with the schemes and enhancing the clinician's experience of delivering it

Feedback collected will help to shape the future role of incentives in driving excellence and innovation in general practice. The survey is open for the next 12 weeks and will close on 7 March 2024.

## **REMINDER: Manage Your Mind Workshops Virtual Sessions**

For all GP Practices, including those who may wish to use this as a resource to help complete the QOF well-being module, we are arranging a webinar with Dr Farnaaz Sharief to discuss the importance of positive self-care for healthcare professionals, key factors that contribute to wellbeing, and how you can `manage your mind' at work and at home. After the session staff should be better able to:

- Understand why positive self-care amongst health and social professionals is important.
- Recall key factors that contribute to wellbeing.
- Grasp principles that help maintain wellbeing whilst juggling many responsibilities.
- Use practical techniques at work or at home to 'manage your mind'
- Appreciate the role of breathwork in releasing stress, improving energy and creating a subjective feeling of wellbeing.

We are running a number of dates for the webinars, all sessions will take place over lunch 1-2.30pm. Please click on the date below to book a place:

- 27<sup>th</sup> February 2024
- 12<sup>th</sup> March 2024
- 2<sup>nd</sup> April 2024

## General Practice Alert State (GPAS) National Reporting Dashboard

The national GPAS reporting dashboard has been published and shows the pressure general practice is under. Last week Kent & Medway practices reported GPAS Red/Opel 4. Thank you to practices that continue to provide input into GPAS on a weekly basis. The information you provide is invaluable in evidencing the pressure general practice is operating

under. The GPAS information from the national dashboard will be used by the BMA and feed into contract negotiations.

Submissions continue to be completely anonymised. The LMC is not able to identify individual practices from the submissions. The only data that is shared with either the ICB or other stakeholders is aggregated at HCP or Kent and Medway level. The more practices that take part in GPAS, the more robust the evidence will be. **Collecting this data is assisting the LMC in illustrating operational pressures in general practice. The report takes less than 5 minutes to complete each week.** 

We would encourage every practice to submit a report on weekly basis and to also provide comments and feedback. Furthermore, if you are experiencing acute operational pressures please do get in touch with either the LMC or the ICB to seek support

The LMC is able to assist with getting practices started on reporting. Information can be found on our website at Kent LMC - General Practice Alert State (GPAS) or please email the LMC at info@kentlmc.org If your GPAS contact person changes or leaves the practice, please update us with the new contact person at info@kentlmc.org

#### To view the latest GPAS SitRep please click here

The LMC is currently working the ICB to explore the support that can be offered to practices when declaring any state beyond Green. For example this could be additional resources, changes to operations with a practice or the wider healthcare system, assistance with communications. We would welcome any ideas from practices as to the help or support that could be offered to a practice when challenged by increased operational pressures and so declaring, a state of amber, red or black: please send them to the LMC at info@kentlmc.org

# A message from the Cameron Fund - Membership of the Council of Management Elections

The fifty-fourth Annual General Meeting of the Cameron Fund will be held on 2 May 2024 at BMA House, Tavistock Square, London, WC1H 9JP. At the AGM, Dr Gary Calver, the member of the Council of Management who represents East Sussex and Kent, will be retiring by rotation and, having served a maximum number of terms of office, is not able to stand for re-election.

To be eligible for nomination GPs must already be registered members of the Cameron Fund and nominations should comprise a letter or email signed by the nominee indicating his/her willingness to stand for election. **The letter/email should arrive at the Registered Office no later than Friday 23 February.** 

If two or more candidates stand for election, a ballot will be held, and a ballot paper will be sent to all members in the designated area with instructions about the timescale. If there should be a ballot, the result will be announced at the Annual General Meeting.

Membership is open to all registered or formerly registered medical practitioners, who are, or have been, resident in the United Kingdom, the Isle of Man or the Channel Islands and who have performed or provided NHS Primary Medical Services or General Practitioner services to the armed forces in the United Kingdom.

The process is very simple and just involves completing the attached membership form. There is no fee for membership, although some members choose to give a regular donation. I attach a Standing Order form and Gift Aid form.

#### Useful Links

Subscribe to Kent & Medway ICB General Practice Updates Previous issues of the General Practice Update available online Subscribe to NHSE Primary Care Bulletin Email Newsletters from CQC Kent and Medway Primary Care Training Hub Sign up to Primary Care News

## Upcoming LMC Interface Meetings

The following meetings are taking place over the next few weeks. If you have any issues that you would like us to raise please email info@kentlmc.org with the title of the meeting and details of your request.

Manage Your Mind - Virtual Session – Tuesday 27 February Medway Community Healthcare Interface Mtg (MCH) – Tuesday 5 March Kent & Medway General Practice Board – Wednesday 6 March

Kind regards Kent Local Medical Committee